## C O U N T R

# W E S T E R N

#### LINE DANCING

Dancing builds and promotes cardiovascular health through physical workouts of varying intensity. Line dancing provides a foundation for dance experience that will enable you to have balance, rhythm, timing, and better posture.

Day: Monday

Date: Session I: May 3 - May 24

Session II: June 7 - June 28
Session III: July 5 - July 26
Session IV: August 2 - August 23
Time: 6:30 p.m. - 7:30 p.m. Beginner

7:30 p.m. - 8:30 p.m. Intermediate

Fee: \$25 per person

Age: Adult

Location: Kiwanis Center

#### LUNCHTIME LINE DANCE

Join us for a fun and energetic way to exercise and learn how to line dance as well. You will learn the basic steps that can be incorporated into the songs of yesteryear and the latest hits of today!

NO PARTNER NEEDED!

Day: Tuesdays

Date: Session I: May 4 - May 25

Session II: June 8 - June 29 Session III: July 6 - July 27 Session IV: August 3 - August 24

Time: 11:30 a.m. - 12:30 p.m.

Fee: \$25 per person

Age: Adult

Location: Kiwanis Center

#### MINI - LINE DANCE WORKSHOP

These workshops are for participants who feel they need additional help in mastering the steps.

Day: Saturdays

Date: May 1, June 19, July 17, August 21
Time: Beginner: 1:30 p.m. -3:30 p.m.
Open Dance: 3:30 p.m. - 4:00 p.m.
Intermediate: 4:00 p.m. -6:00 p.m.
Fee: \$10 per person (one workshop)

\$15 per person (two workshops)

Age: Adult

Location: Kiwanis Center



#### **DANCE PARTY**

For participants who are ready to practice the dances you have mastered in a social setting.

May 21 June 18 July 16 August 20

7:00 p.m. - 8:00 p.m. (free lessons) 8:00 p.m. - 11:00 p.m. Dancing

> \$10 per person Adult Kiwanis Center

For more information call 770.487.3730 or the number listed below!

### ONLY DANCE PARTICIPANTS ALLOWED TO STAY IN THE CLASSROOM!